

## C L A I M S

What is claimed is:

1. An exercise harness for an animal having (1) a pair of front legs and a pair of rear legs; (2) a body supported by said pairs of legs and forming (a) a chest in the region of said front legs, (b) an abdomen with a back on top and a belly on the bottom between said front and rear legs and (c) a hip in the region of said rear legs; and (3) a neck and head arranged on the body adjacent said chest; said harness comprising, in combination:

(a) a first web of flexible material adapted to be affixed to the body of the animal in the region adjacent to at least one of said pair of front legs and said pair of rear legs, said web comprising means for holding at least one weight;

(b) at least one strap, connected to said web and adapted to retain said web on said animal; and

(c) a weight attached to said web by said holding means.

2. The exercise harness recited in claim 1, wherein said web is made of a material selected from the group consisting of fabric, leather, canvass and plastic sheet.

3. The exercise harness recited in claim 1, wherein said web is adapted to at least partially cover the chest of the animal and said at least one strap is adapted to retain said web on said chest.

4. The exercise harness recited in claim 3, wherein said web is substantially rectangular in shape and has a central longitudinal axis, and is adapted to extend longitudinally from front to rear along the chest of the animal between the pair of front legs.

5. The exercise harness recited in claim 4, wherein the portion of said web adapted to extend between the pair of front legs is reduced in width.

6. The exercise harness recited in claim 5, wherein said portion of said web is substantially trapazoidal in shape.

7. The exercise harness recited in claim 3, wherein said holding means is adapted to hold said weight on said web at

a point located substantially between the pair of front legs of the animal.

8. The exercise harness recited in claim 3, wherein said at least one strap includes at least two straps, a first strap extending over the neck of the animal in front of the pair of front legs and a second strap extending over the body of the animal behind the front legs.

9. The exercise harness recited in claim 8, further comprising a third strap extending over the body of the animal behind the pair of front legs.

10. The exercise apparatus recited in claim 1, wherein the holding means includes a weight pocket on said web.

11. The exercise harness recited in claim 1, wherein the weight is removable and replaceable in said holding means.

12. The exercise harness recited in claim 1, wherein the web is adapted to at least partially cover a lower loin area of the animal between its rear legs and said at least one strap is adapted to retain said web on said loin area.

13. The exercise harness recited in claim 12, wherein said web is substantially rectangular in shape and is adapted to extend along said lower loin area of the animal between said rear legs.

14. The exercise harness recited in claim 13, wherein the portion of said web adapted to extend between the front and rear legs of the animal is provided with an opening for male genitalia of the animal.

15. The exercise harness recited in claim 14, wherein said opening in said web is substantially rectangular shape.

16. The exercise harness recited in claim 3, wherein said holding means include means for holding two weights, one on each side of the body of the animal.

17. The exercise harness recited in claim 12, wherein said holding means include means for holding two weights, one on each side of the body of the animal.

18. The exercise harness recited in claim 11, wherein said at least one strap includes at least two straps extending

over the body of the animal behind the pair of front legs and in front of the pair of rear legs.

19. The exercise harness recited in claim 18, further comprising a third strap extending around the rear of the body of the animal behind the two rear legs.

20. The exercise harness recited in claim 3, further comprising:

- (a) a second web of flexible material adapted to at least partially cover the belly of the animal, said second web comprising means for holding at least one weight;
- (b) at least one second strap, connected to said second web and adapted to retain said second web on said belly of the animal; and
- (c) a second weight attached to said second web by said holding means.

21. The exercise harness recited in claim 20, wherein said first and said second web are made of a material selected from the group consisting of fabric, leather, canvass and plastic sheet.

22. The exercise harness recited in claim 20, wherein said second web is substantially rectangular in shape and is adapted to extend along a lower loin area of the animal between its rear legs.

23. The exercise harness recited in claim 22, wherein the portion of said second web adapted to extend between the front and rear legs of the animal is provided with an opening for male genitalia of the animal.

24. The exercise harness recited in claim 23, wherein said opening in said second web is substantially rectangular shape.

25. The exercise harness recited in claim 20, wherein said holding means of said second web includes a weight pocket on said second web.

26. The exercise harness recited in claim 20, wherein said holding means of said second web is adapted to hold said weight on said second web at a point located substantially adjacent the rear legs of the animal.

27. The exercise harness recited in claim 20, wherein said at least one strap includes at least two straps extending over the body of the animal behind the two front legs and in front of the two rear legs.

28. The exercise harness recited in claim 27, further comprising a third strap extending around the rear of the body of the animal behind the two rear legs.

29. The exercise harness recited in claim 20, wherein the weight is removable and replaceable in said holding means.

30. The exercise harness recited in claim 20, wherein said holding means include means for holding two weights, one on each side of the body of the animal.